# WILLIAM & MARY

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# Staff Directory



The Counseling Center staff consists of mental health professionals, including psychologists, counselors, and social workers. All are trained and experienced in dealing with issues facing university students. Doctoral candidates in clinical and counseling psychology, working under close supervision, also provide counseling services. A sport psychologist is available for students interested in learning cognitive strategies to enhance their athletic or academic performance. These appointments are made by a referral from the staff. Below is a list of our current full and part-time staff.

Charles B. Anderson, Ph.D. - Associate Director, Director of Clinical Services, Research, & Evaluation Education: 2003 - Virginia Commonwealth University, Counseling Psychology; Licensed Clinical Psychologist

Interests: Community Building, Non-violent Communication, Group Therapy, Training and Supervision, Intensive Short-term Dynamic Psychotherapy, Eating Disorders, Therapy Dogs.

#### Felicia Brown-Anderson, Psy.D. - Staff Psychologist

Education: 2003 – James Madison University, Clinical Psychology

Interests: Multicultural issues, Multiracial identity development, self care planning, women's issues, couple and family issues, group therapy, and training and supervision.

**Deidre Connelly, Ph.D.** - Sport Psychology Consultant; Certified Consultant, Association for Applied Sport Psychology

Education: 1986 - University of Virginia, Sport Psychology

Interests: Sport Psychology, performance enhancement, stress/energy management, personal success skills, and test anxiety.

### Christine Ferguson, M.Ed. - Mental Health Services Coordinator

Education: 2004 - Springfield College, Marriage & Family Therapy; 2010 - Columbia College Chicago,
Dance Movement Therapy; Commonwealth of Virginia, Licensed Professional Counselor
Interests: Body/mind connection, crisis interventions, emotional health awareness, alternative therapies in the treatment of emotional and physical wellness.

# Patrick S. Hudgins, Psy.D. - Staff Psychologist, Outreach Coordinator

Education: 2005 - The Virginia Consortium Program in Clinical Psychology, Clinical Psychology Interests: Individual therapy, family systems, personal growth and development, and the use of culture and worldview to promote resilience.

### Warrenetta C. Mann, Psy.D. - Director

Education: 2004 - Spalding University, Clinical Psychology, Commonwealth of Virginia, Licensed Clinical Psychologist

Interests: College Mental Health Administration, cultural issues in psychotherapy, trauma and recovery, women's issues, training and supervision.

## Becca Nimmer Marcus, M.S.W., LCSW. - Senior Staff Social Worker

Education: 1982 - University of Illinois, Social Work; Commonwealth of Virginia, Licensed Clinical Social Worker

Interests: Individual and group psychotherapy, relationship (including family) issues, personal growth and development, diversity issues, International student concerns, relaxation and meditation involving the mind and body connection.

#### William E. Nichelson III, Ph.D. - Staff Psychologist

Education: 2010 - University of Tennessee, Counseling Psychology; Commonwealth of Virginia, Licensed Clinical Psychologist

Interests: Disordered eating and body image concerns, trauma survivors, couple's therapy, LGBTQ issues, men's issues, non-traditional and first-generation college students, training and supervision, Emotion Focused Therapy, group therapy, relationship concerns, and personal growth and development.

# Susanna Owens, Ph.D. - Staff Psychologist

Education: 1999 - Virginia Commonwealth University, Counseling Psychology; Commonwealth of Virginia, Licensed Clinical Psychologist Interests: Self-concept and identity, stress and coping, health issues, individual and group psychotherapy, clinical supervision/training.

Starlain Saldana, Ph.D. - Staff Psychologist, Advanced Practicum Coordinator Education: 2009 - University of Oklahoma, Counseling Psychology; Commonwealth of Virginia, Licensed Clinical Psychologist

Interests: LGBT issues, couples counseling, relational patterns, women's issues, diversity issues, personal growth and development, training and supervision.

Carina Sudarsky-Gleiser, Ph.D. - Associate Director, Director of Training

Education: 1995 - The Ohio State University, Counseling Psychology; Commonwealth of Virginia, Licensed Clinical Psychologist

Interests: Individual and group counseling, training and supervision, multicultural counseling, women's issues, eating disorders. Fluent in Spanish.

#### 2014 - 2015 Psychology Interns

Janessa Nowlen, M.A. - Psychology Intern

Education: 2012- Indiana University of Pennsylvania, Clinical Psychology; Psy.D. student at Indiana University of Pennsylvania in Clinical Psychology

Interests: Individual and group therapy, mindfulness, international student concerns, suicidality, emotion focused therapy, and outreach

#### Samantha Sciarillo, M.A. - Psychology Intern

Education: 2012 - Indiana University of Pennsylvania, Clinical Psychology; Psy.D. Student at Indiana University of Pennsylvania in Clinical Psychology

Interests: women's issues, LGBT issues, sexuality, sexual assault, grief, and mindfulness

Kathryn (Katie) Spaventa-Vancil, M.A. - Psychology Intern

Education: 2010 – University of Denver, Counseling Psychology; Ph.D. Student at University of California, Santa Barbara in Counseling Psychology

Interests: Identity development, mindfulness, trauma, anxiety, clinical supervision and training, resilience

Oleg V. Turayev, Psy.M. - Psychology Intern

Education: 2011 - Wright State University, Clinical Psychology; Psy.D. Student at Indiana State University in Clinical Psychology

Interests: childhood trauma, men's issues, family relationships, emotional awareness, interpersonal growth

## 2014 - 2015 Advanced Practicum Trainees

Cristina (Tina) Bain, M.A. - Advanced Practicum Trainee

Education: 2012 - University of North Carolina Wilmington, Substance Abuse Treatment Psychology; Ph.D. Student at the Virginia Consortium Program in Clinical Psychology Interests: Individual and group psychotherapy, substance use and abuse, depression,

anxiety, adjustment issues, emerging adulthood and related developmental issues, and stress management.

Laurin Roberts, B.A. - Advanced Practicum Trainee

Education: 2014 (Expected M.S.) – Old Dominion University, Experimental Psychology;

Ph.D. Student at the Virginia Consortium Program in Clinical Psychology

Interests: Individual and group psychotherapy, depression, anxiety, trauma survivors and resilience, emotion regulation, interpersonal effectiveness, and family of origin issues.